

**SUMMER MENU 3**

<b>Meal Pattern</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	milk juice/fruit/veg bread/bread alt.	milk pineapple Cheerios (Whole Grain Oats)	milk peaches Corn Chex (Whole Grain Corn)	milk grapes Kix cereal (Whole Grain Corn)	milk pears Rice Chex (Whole Grain Rice)
<b>AM Snack</b>	milk juice/fruit/veg OR meat/meat alt. OR bread / bread alt.	milk graham crackers	milk blueberry muffin	milk Whole Grain Wheat toast & margarine	milk biscuit & margarine hard-boiled egg
<b>Lunch</b>	milk meat/meat alt. vegetable veg or fruit bread/bread alt. extras	milk grilled cheese tater tots watermelon (bread)	milk sausage hash browns strawberries pancakes margarine, syrup	milk breaded chicken tenders peas banana (breading)	milk meatballs mixed vegetables cantaloupe farfalle (bow tie noodles) spaghetti sauce bun
<b>PM Snack</b>	milk juice/fruit/veg OR meat/meat alt. OR bread / bread alt.	milk applesauce	milk mandarin oranges pretzels	milk cheese	milk watermelon
<b>Evening PM Snack</b>	milk juice/fruit/veg OR meat/meat alt. OR bread / bread alt.	milk bread & margarine	milk cheese peaches	milk watermelon	milk pineapple

**Milk served to students 12-24 months is whole, unflavored milk.**

**Milk served to students 25 months+ is 1% fat, unflavored milk.**