

SUMMER**MENU 3**

Orange Week

Meal Pattern**Breakfast**

milk
juice/fruit/veg
bread/bread alt.

milk
pineapple
Cheerios
(Whole Grain Oats)

milk
peaches
Corn Chex
(Whole Grain Corn)

milk
apples
Rice Krispies cereal

milk
grapes
Kix cereal
(Whole Grain Corn)

milk
pears
Rice Chex
(Whole Grain Rice)

AM Snack

milk
juice/fruit/veg OR
meat/meat alt. OR
bread / bread alt.

milk
graham crackers

milk
blueberry muffin

milk
Whole Grain
Wheat toast &
margarine

milk
biscuit & margarine

milk
hard-boiled egg

Lunch

milk
meat/meat alt.
vegetable
veg or fruit
bread/bread alt.
extras

milk
grilled cheese
tater tots
watermelon

milk
sausage
hash browns
strawberries
pancakes
margarine, syrup

milk
breaded chicken
tenders
peas
banana
(breeding)

milk
meatballs
corn
pears
farfalle (bow tie
noodles)
spaghetti sauce

milk
turkey burger
mixed vegetables
cantaloupe
bun

PM Snack

milk
juice/fruit/veg OR
meat/meat alt. OR
bread / bread alt.

milk
applesauce

milk
mandarin oranges

milk
pretzels

milk
cheese

milk
peaches

**Evening
PM Snack**

milk
juice/fruit/veg OR
meat/meat alt. OR
bread / bread alt.

milk
bread & margarine

milk
cheese

milk
peaches

milk
watermelon

milk
pineapple

Milk served to students 12months+ is whole, unflavored milk.